A Framework for Learning to Request Rich and Contextually Useful Information from Humans

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Abstract

When deployed, AI agents will encounter problems that are beyond their autonomous problem-solving capabilities. Leveraging human assistance can help agents overcome their inherent limitations and robustly cope with unfamiliar situations. We present a general interactive framework that enables an agent to determine and request contextually useful information from an assistant, and to incorporate rich forms of responses into its decision-making process. We demonstrate the practicality of our framework on a simulated human-assisted navigation problem. Aided with an assistance-requesting policy learned by our method, a navigation agent achieves up to a 7× improvement in success rate on tasks that take place in previously unseen environments, compared to fully autonomous behavior. We show that the agent can take advantage of different types of information depending on the context, and analyze the benefits and challenges of learning the assistance-requesting policy when the assistant can recursively decompose tasks into subtasks.

1 Introduction

Machine learning has largely focused on creating agents that can solve problems on their own. Despite much progress, these autonomous agents struggle to perform novel tasks or operate in new environments (Goodfellow et al., 2014; Jia and Liang, 2017; Eykholt et al., 2018; Qi et al., 2020; Shridhar et al., 2020). However, an agent’s abilities can be extended if it is equipped with human-compatible communication to leverage assistance from humans in its environment (Rosenthal et al., 2010; Tellex et al., 2014; Nguyen et al., 2019; Nguyen and Daumé III, 2019; Thomason et al., 2020). For example, consider a home-assistant robot assigned a task of finding a newly bought rice cooker in a house, which it has never heard of and therefore does not how to proceed. The robot can overcome its limitation by asking “where is the rice cooker?”, expecting an instruction like “in the kitchen, near the sink”, which it may know how to execute. By making a request for new information, the robot has converted the initially difficult task into a more feasible one.

This paper presents a general, POMDP-based interactive framework that allows agents to effectively leverage human assistance through communication. We identify and provide solutions to two fundamental problems: the speaker problem and the listener problem. The speaker problem concerns teaching an agent to elicit information from humans that can improve its actions. Inspired
the intention-based theory of human communication (Sperber and Wilson, 1986; Tomasello et al., 2005; Scott-Phillips, 2014), we formulate a framework that equips the learning agent with a set of general types of information that are helpful in solving any POMDP problem. At every time step, our agent can request a description about (i) its current state, (ii) the goal state which it needs to reach, or (iii) a new subgoal state which, if reached, helps it make progress on the current task. The agent learns to decide which type of information to request through reinforcement learning, by learning how much each type of information enhances its performance in a given situation. The agent’s request decisions are thus grounded in its own perception of its (un)certainties about the current situation and are optimized to be maximally contextually useful to it.

Our approach contrasts with methods to train agents to ask questions by mimicking those asked by humans (Labutov et al., 2015; Mostafazadeh et al., 2016; De Vries et al., 2017; Rao and Daumé III, 2018; Liu et al., 2020). While effective in some situations, this approach has a potential significant drawback: questions asked by humans may not always be contextually useful for agents. For example, humans are experts in recognizing objects, thus rarely ask questions like “what objects are next to me?” Meanwhile, such questions may be helpful for robot localization, as robots may have imperfect visual perception in unfamiliar environments. Rather than focusing on naturalness, we aim to endow an agent with the cognitive capability of determining which type of information would be contextually useful to itself.

In addition to being able to ask for useful information, the agent must be able to incorporate the information it receives into its decision-making process: the listener problem. Humans can offer various types of assistance and may express them using diverse media (e.g., language, gesture, image). Our framework implements a flexible communication protocol that is defined by the agent’s task-solving policy: information coming from the human is given as state descriptions that the
policy can take as input and map into actions. Hence, the space of information that the human can convey is as rich as the input space of the policy. This design takes advantage of the flexibility of constructing an agent policy: (i) the policy can be further trained to interpret new information from humans, and (ii) it can leverage modern neural network architectures to be able to encode diverse forms of information. This contrasts with existing approaches based on reinforcement learning or imitation learning (Knox and Stone, 2009; Judah et al., 2010; Torrey and Taylor, 2013; Judah et al., 2014), in which feedback to the agent is limited to scalar feedback of rewards (in RL) or actions (in IL).

To evaluate our framework, we simulate a human-assisted navigation problem where an agent can request extra information about the environment. Our agent learns an intention policy to decide at each step whether it wants to request additional information in a given situation, and, if so, which type of information it wants to obtain. On tasks in previously unseen environments, the ability to ask for help improves the agent’s success rate by 7× compared to performing tasks on its own. This human-assisted agent even outperforms an agent that has perfect perception and goal descriptions in unseen environments, thanks to the ability to request subgoals.

2 Preliminaries

We consider an environment defined by a partially observed Markov decision process (POMDP) 
\[ E = (S, A, T, c, D, \rho) \]
with state space \( S \), action space \( A \), transition function \( T : S \times A \rightarrow \Delta(S) \), cost function \( c : S \times A \rightarrow \mathbb{R} \), description space \( D \), and description function \( \rho : S \rightarrow \Delta(D) \), where \( \Delta(Y) \) denotes the set of probability distributions over \( Y \).

We say “description” in lieu of “observation” to emphasize (i) the description can come in varied modalities (e.g., image or text), and (ii) it can be obtained via perception as well as communication.

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s_1 and goal description \( d_g^t \). In a standard POMDP, an agent performs tasks on its own, without asking for any external assistance.

## 3 Leveraging Assistance via Communication

For an agent to accomplish tasks beyond its autonomous capabilities, we introduce a human assistant, who can provide rich information about the environment and the task. We then describe how the agent requests and incorporates information from the assistant. Figure 1.1 illustrates an example communication between the agent and the assistant on an example object-finding task. Our framework is inspired by the intention-based theory of human communication (Sperber and Wilson, 1986; Tomasello et al., 2005; Scott-Phillips, 2014), which characterizes communication as the expression and recognition of intentions in context. In this section, we draw connections between the theory and elements of POMDP learning, which allows us to derive reinforcement learning algorithms to teach the agent to make intentional requests.

**Assistant.** We assume an ever-present assistant who knows the agent’s current state \( s_t \), the goal state \( g_t \), and the optimal policy \( \pi^* \). Their first capability is to provide a description of a state, defined by function \( \rho_A : S \times D \to \Delta(D) \) where \( \rho_A(d' | s, d) \) specifies the probability of giving \( d' \) to describe state \( s \) given a current description \( d \), which can be empty. The second capability is to propose a subgoal of a current goal, specified by a function \( \omega_A : S \times S \to \Delta(S) \), where \( \omega_A(g' | s, g) \) indicates the probability of proposing \( g' \) as a subgoal given a current state \( s \) and a goal state \( g \).

**Common ground.** Common ground represents mutual knowledge between the interlocutors and is a prerequisite for communication (Clark and Brennan, 1991; Stalnaker, 2002). In our context, knowledge of the agent is contained in its execution policy \( \hat{\pi} \), while knowledge of the assistant is given by \( \pi^* \). When \( \hat{\pi} \) and \( \pi^* \) maps to the same action distribution given an input \( (b^s, d^g) \), we say that the input belongs to the common ground of the agent and the assistant. For meaningful communication to take place, we assume that execution policy has been pre-trained to a certain level of performance so that there exists a non-empty subset of inputs on which the outputs of \( \hat{\pi} \) and \( \pi^* \) closely match.

### 3.1 The Listener Problem: Incorporating Rich Information Provided by the Assistant

Upon receiving a request from the agent, the assistant replies with a state description \( d \in D \). The generality of our notion of state description (see § 2) means that the assistant can provide information in any medium and format, so long as it is compatible with the input interface of \( \hat{\pi} \). This reflects that only information interpretable by the agent is useful.

Concretely, the assistant can provide a new current-state description \( d_{t+1}^s \), which the agent appends to its history to compute belief state \( b_{t+1} \) (e.g., using a recurrent neural network). The assistant can also provide a new goal description \( d_{t+1}^g \), in which case the agent simply replaces the current goal description \( d_t^g \) with the new one. Our framework allows the human-agent communication protocol to be augmented in two ways: (i) training \( \hat{\pi} \) to interpret new state descriptions or (ii) designing its model architecture to incorporate new types of information. In comparison, frameworks that implement a reinforcement learning- or imitation learning-based communication
protocol (e.g., Knox and Stone, 2009; Torrey and Taylor, 2013) allow humans to only give advice using low-bandwidth media like rewards or primitive actions.

### 3.2 The Speaker Problem: Requesting Contextually Useful Information

**Asking Questions as a Cognitive Capability.** Asking questions is a cognitive process motivated by a person’s self-recognition of their knowledge deficits or mismatches with a common ground (Graesser et al., 1992). The intention-based theory of human communication suggest that a question, like other communicative acts, should convey an information-seeking intention that is grounded in the speaking context. In this case, the speaker’s decision-making policy should also be included in the context and, ultimately, a speaker asks a question to enhance their next decisions.

Approaches that teach an agent to mirror questions asked by humans (e.g., De Vries et al., 2017), do not consider the agent’s policy as part of the generation context. The training questions are selected to be useful for the human speakers, not the learning agent. To address this issue, we endow the agent with the cognitive capability of anticipating how various types of information would affect its future performance. The agent learns this capability using reinforcement learning, via *interacting* with the assistant and the environment, rather than imitating pre-collected human behaviors.

**Information-Seeking Intentions.** While humans possess capabilities that help them come up with questions, it is unclear how to model those capabilities. Some approaches Mostafazadeh et al. (e.g., 2016); Rao and Daumé III (e.g., 2018) rely on pre-composed questions, which are domain-specific. We instead endow the agent with a set of intentions that correspond to speech acts in embodied dialogue (Thomason et al., 2020). They are sufficiently general to be relevant to solving general POMDPs, and are connected to the agent’s decision-making process, while being agnostic to its implementation:

(a) **Cur**: requests a new description of the current state $s_t$ and receives $d_{t+1}^s \sim \rho_A (\cdot \mid s_t, d_s^t)$;
(b) **Goal**: requests a new description of the current goal $g_t$ and receives $d_{t+1}^g \sim \rho_A (\cdot \mid g_t, d_g^t)$;
(c) **Sub**: requests a description of a subgoal and receives $d_{t+1}^g \sim \rho_A (\cdot \mid g_{t+1}, \emptyset)$ where the subgoal $g_{t+1} \sim \omega_A (\cdot \mid s_t, g_t)$ and $\emptyset$ is an empty description.

These intentions can potentially guide construction of more specific intentions (e.g., asking a specific feature of description). We leave this problem for future exploration.

**Intention Selection.** To decide which intention to invoke, the agent learns an intention policy $\psi$, which is itself a function of $\hat{\pi}$. The policy’s action space consists of five intentions: $\mathcal{A} = \left\{ \text{Cur, Goal, Sub, Do, Done} \right\}$. The first three actions convey the three intentions defined previously. The remaining two actions traverse the environment:

(d) **Do**: executes the most-probable action $a_{t_{do}} \triangleq \arg\max_{a \in \mathcal{A}} \hat{\pi} (a \mid b_t^s, d_s^t)$. The agent transitions to a new state $s_{t+1} \sim T(s_t, a_{t_{do}})$;
(e) **Done**: decides that the current goal $g_t$ has been reached. If $g_t$ is the main goal ($g_t = g_1$), the episode ends. If $g_t$ is a subgoal ($g_t \neq g_1$), the agent may choose a new goal to follow.

In our implementation, we feed the hidden features and the output distribution of $\hat{\pi}$ as inputs to $\psi$ so that the agent can take its execution policy into account when choosing its intentions. We do not yet formally specify the input space of the interaction policy nor how the next subgoal is chosen (when **Done** is taken), as these details depend on how the agent implements its goal
memory. The next section introduces an instantiation where the agent uses a stack data structure to manage goals.

4 Learning When and What to Ask

To formalize the problem of learning to select information-seeking intentions, we construct the POMDP environment that the intention policy acts in, referred to as the intention environment (§ 4.1) to distinguish with the environment that the execution policy acts in. Our construction employs a goal stack to manage multiple levels of (sub)goals (§ 4.2). A goal stack stores all the (sub)goals the agent has been assigned but has not yet decided to terminate, which is updated in every step depending on the selected intention action. Finally, we design a cost function (§ 4.4) that trades off between taking few actions and completing tasks.

4.1 Intention Environment

Given an execution environment \( E = (S, A, T, c, D, \rho) \), the intention environment is a POMDP \( \overline{E} = (\overline{S}, \overline{A}, \overline{T}, \overline{c}, \overline{D}, \overline{\rho}) \):

- **State space** \( \overline{S} = S \times D \times G_L \), where \( G_L \) is the set of all goal stacks of at most \( L \) elements. Each state \( \overline{s} = (s, d_s, G) \in \overline{S} \) is a tuple of an execution state \( s \), description \( d_s \), and a goal stack \( G \). Each element in the goal stack \( G \) is a tuple of a goal state \( g \) and description \( d_g \);
- **Action space** \( \overline{A} = \{ \text{Cur}, \text{Goal}, \text{Sub}, \text{Do}, \text{Done} \} \);
- **State-transition function** \( \overline{T} = T_s \cdot T_G \) where \( T_s : S \times D \times \overline{A} \rightarrow \Delta(S \times D) \) and \( T_G : G_L \times \overline{A} \rightarrow \Delta(G_L) \);
- **Cost function** \( \overline{c} : (S \times G_L) \times \overline{A} \rightarrow \mathbb{R} \), defined in § 4.4 to trade off operation cost and task error;
- **Description space** \( \overline{D} = D \times G^d_L \) where \( G^d_L \) is the set of all goal-description stacks of size \( L \). The agent cannot access the environment’s goal stack \( G \), which contains true goal states, but only observe descriptions in \( G \). We call this partial stack a goal-description stack, denoted by \( G^d \);
- **Description function** \( \overline{\rho} : \overline{S} \rightarrow \overline{D} \), where \( \overline{\rho}(\overline{s}) = \overline{\rho}(s, d^g, G) = (d^g, G^d) \). Unlike in the standard POMDP formulation, this description function is deterministic.

A belief states \( \overline{b}_t \) of the intention environment summarizes a history \((\overline{s}_1, \overline{a}_1, \cdots, \overline{s}_t)\). We define the intention policy as \( \psi_\theta : \overline{B} \rightarrow \Delta(\overline{A}) \), where \( \overline{B} \) is the set of all belief states.

4.2 Goal Stack

The goal stack is a list of tasks that the agent has not declared complete. The initial stack \( G_1 = \{ (g_1, d^g_1) \} \) contains the main goal and its description. At time \( t \), the agent executes the goal at the top of the current stack, i.e. \( g_t = G_t.\text{top}(.) \). Only the GOAL, SUB, and DONE actions alter the stack. GOAL replaces the top goal description of \( G_t \) with the new description \( d^g_{t+1} \) from the assistant. SUB, which is only available when the stack is not full, pushes a new subtask \( (g_{t+1}, d^g_{t+1}) \) to \( G_t \). DONE pops the top element from \( G_t \). The goal-stack transition function is \( T_G(G_{t+1} \mid G_t, \overline{a}_t) = 1\{G_{t+1} = G_t.\text{update}(\overline{a}_t)\} \) where \( 1\{\} \) is an indicator and \( G_t.\text{update}(a) \) is the stack after taking action \( a \).
4.3 State Transition

The transition function $T_s$ is factored into two terms:

$$T_s(s_{t+1}, d^*_t, \bar{a}_t) = P(s_{t+1} | s_t, \bar{a}_t) \cdot P(d^*_t | s_{t+1}, d^*_t, \bar{a}_t) \approx p_{\text{state}}(s_{t+1}) \cdot p_{\text{desp}}(d^*_t)$$

(4.1)

Only the Do action changes the execution state, with: $p_{\text{state}}(s_{t+1}) = T(s_{t+1} | s_t, a^{\text{do}})$, where $a^{\text{do}}$ is the action chosen by $\hat{\pi}$ and $T$ is the execution environment’s state transition function. The current-state description is altered when the agent requests a new current-state description (CUR), where $p_{\text{desp}}(d^*_t) = \rho_A(d^*_t | s_{t+1}, d^*_t)$, or moves (Do), where $p_{\text{desp}}(d^*_t) = \rho(d^*_t | s_{t+1})$ (recall $\rho$ is the description distribution of the execution environment).

4.4 Cost Function

The intention policy needs to trade-off between two types of cost: the cost of operation (making information requests and traversing in the environment), and the cost of not completing a task (task error). For example, the agent may lower its task error if it is willing to suffer a larger operation cost by making more requests to the assistant.

We employ a simplified model where all types of cost are non-negative real numbers of the same unit. Making a request of type $a$ is assigned a constant cost $\gamma_a$. The cost of taking the Do action is $c(s_t, a^{\text{do}})$, the cost of executing the $a^{\text{do}}$ action in the environment. Calling DONE to terminate execution of the main goal $g_1$ incurs a task error $c(s_t, a^{\text{done}})$. We exclude the task errors of executing subgoals because the intention policy is only evaluated on reaching the main goal. The magnitudes of the costs naturally specify a trade-off between acting cost and task error. For example, setting the task errors much larger than the other costs indicates that completing tasks is prioritized over taking few actions.

5 Modeling Human-Assisted Navigation

**Problem.** We apply our framework to modeling a human-assisted navigation (HAN) problem, in which a human requests an agent to find an object in an indoor environment. Each task request asks the agent to go to a room of type $r$ and find an object of type $o$ (e.g., find a mug in a kitchen). The agent shares its current view with the human (e.g. via an app). We assume that the human is familiar with the environment and can recognize the agent’s location. Before issuing a task request, the human imagines a goal location (not revealed to the agent). We are interested in evaluating success in goal-finding, i.e. whether the agent can arrive at the human’s intended goal location. Even though there could be multiple locations that match a request, the agent only succeeds if it arrives exactly at the chosen goal location.

**Environment.** We construct the execution environments using the house layout graphs provided by the Matterport3D simulator (Anderson et al., 2018). Each graph is generated from a 3D model of a house where each node is a location in the house and each edge connects two nearby unobstructed locations. At any time, the agent is at a node of a graph. Its action space $\mathcal{A}$ consists of traversing to any of the nodes that are adjacent to its current node.
Scenario. We simulate the scenario where the agent is pre-trained in simulated environments and then deployed in real-world environments. Here, due to the mismatches between the pre-training and deployment conditions, the capability of the agent degrades. It may not reliably recognize objects, the room it is currently in, or the intent of a request. However, the simulated human assistant is available to provide additional information about the environment and the task, which helps the agent relate its current task to one it has learned to fulfill during pre-training.

Subgoals. If the agent requests a subgoal, the assistant describes a new goal roughly halfway to its current goal. Specifically, let $p_t$ be the shortest path from the agent’s current state $s_t$ to the current goal $g_t$, and $p_{t,i}$ be the $i$-th node on the path ($0 \leq i < |p_t|$). The subgoal location is chosen as $p_{t,k}$ where $k = \min(\lfloor |p|/2 \rfloor, l_{\text{max}})$, where $l_{\text{max}}$ is a pre-defined constant.

State Description. We employ a discrete bag-of-features representation for state descriptions. A bag-of-feature description ($d^s$ or $d^g$) emulates the information that the agent has extracted from a raw input that it perceives (e.g., an image, a language sentence). Concretely, we assume that when the agent sees a view, it detects the room and nearby objects. Similarly, when it receives a task request or human responses to a request, it identifies information about rooms, objects, and actions in the response. Working with this discrete input representation allows us to easily simulate various types and amounts of information given to the agent.

Specifically, we model three types of input features: the name of a room, information about an object (name, distance and direction relative to a location), and the description of a navigation action (travel distance and direction). The human can supply these types of information to assist the agent. We simulate two settings of descriptions: dense and sparse. A dense description is a variable-length lists containing the following features: the current room’s name and features of at most 20 objects within five meters of a viewpoint. Sparse descriptions represent imperfect perception of the agent in real-world environments. A sparse description is derived by first constructing a dense description and then removing the features of objects that are not in the top 100 most frequent (out of ~1K objects). The sparse description of the current location ($d^s$) does not contain the room name, but that of the goal location ($d^g$) does. As each description is a sequence of feature vectors, whose length varies depend on the location, we use a Transformer model (Vaswani et al., 2017) to be able to encode such inputs into continuous feature vectors. Details about the feature representation and the model architecture are provided in the Appendix.

Experimental Procedure. We conduct our experiments in three phases. In the pre-training phase, the agent learns an execution policy $\hat{\pi}$ with access to only dense descriptions. This emulates training in a simulator that supplies rich information to the agent.

In the training phase, the agent is only given sparse descriptions of its current and goal locations. This mimics the degradation of the agent’s perception about the environment and the task when deployed in real-world conditions. In this phase, the agent can request dense descriptions from the human. Upon a request for information about a (goal or current) location, the human gives a dense description with room and object features of that location. However, when the agent chooses the SUB action and is adjacent to the subgoal that the human wants to direct it to, the

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2While our representation of state descriptions simplifies the object/room detection problem for the agent, it does not necessarily make the navigation problem easier than with image input, as images may contain information that is not captured by our representation (e.g., object shapes and colors, visualization of paths).
Table 5.1: Test success rates and the average number of different types of actions taken by the agent (on all task types).

<table>
<thead>
<tr>
<th>Agent</th>
<th>Success Rate % ↑</th>
<th>Avg. number of actions ↓</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Unseen Start</td>
<td>Object Unseen Env. CUR Goal SUB Do</td>
</tr>
<tr>
<td>Rule-based intention policy $\psi_\theta$ (when to call Done is decided by the execution policy $\hat{\pi}$)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>No assistance (always Do until Done)</td>
<td>43.4</td>
<td>16.4</td>
</tr>
<tr>
<td>Dense $d^g$ (Goal then always Do until Done)</td>
<td>67.2</td>
<td>56.6</td>
</tr>
<tr>
<td>Dense $d^s$ (always Cur then Do until Done)</td>
<td>77.9</td>
<td>30.6</td>
</tr>
<tr>
<td>Dense $d^g$ and $d^s$ (Goal then always Cur then Do until Done)</td>
<td>97.8</td>
<td>81.7</td>
</tr>
<tr>
<td>Random + rules to match with # of actions of learned-RL $\psi_\theta$</td>
<td>78.8</td>
<td>68.5</td>
</tr>
<tr>
<td>learned-RL intention policy $\psi_\theta$</td>
<td></td>
<td></td>
</tr>
<tr>
<td>With pre-trained navigation policy $\hat{\pi}$ (ours)</td>
<td>85.8</td>
<td>78.2</td>
</tr>
<tr>
<td>With uncooperative assistant (change a request randomly to Cur, Goal or Sub)</td>
<td>81.1</td>
<td>71.2</td>
</tr>
<tr>
<td>With perfect navigation policy on sub-goals (skyline)</td>
<td>94.3</td>
<td>95.1</td>
</tr>
</tbody>
</table>

human simply gives a description of the next optimal navigation action to go that location. We use advantage actor-critic (Mnih et al., 2016) to learn an intention policy $\psi_\theta$ that determines which type of information to request. The intention policy is now trained in environment graphs that are previously seen as well as unseen during the pre-training phase.

Finally, in the evaluation phase, the agent is tested on three conditions: seen environment and target object type but starting from a new room (UNSEENSTR), seen environment but new target object type (UNSEENOBJ), and unseen environment (UNSEENEnv). The execution policy $\hat{\pi}$ is fixed during the training and evaluation phases. We created 82,104 examples for pre-training, 65,133 for training, and approximately 2,000 for each validation or test set. Additional details about the training procedure and dataset are included in the Appendix.

6 Results and Analyses

Settings. In our main experiments, we set: the cost of taking a Cur, Goal, Sub, or Do action to be 0.01 (we will consider other settings subsequently), the cost of calling Done to terminate the main goal (i.e. task error) equal the (unweighted) length of the shortest-path from the agent’s location to the goal, and the goal stack’s size ($L$) to be 2.

We compare our learned-RL intention policy with several rule-based baselines. Their descriptions are given in Table 5.1. We additionally construct a strong baseline that first takes the Goal action (to clarify the human’s intent) and then selects actions in such a way to match the distribution of actions taken by our RL-trained agent. In particular, this policy is constrained to take at most $\left\lfloor X_a \right\rfloor + y$ actions of type $a$, where $y \sim \text{Bernoulli}(X_a - \left\lfloor X_a \right\rfloor)$ and $X_a$ is a constant tuned on the validation set so that the policy has the same average count of each action as the learned-RL policy. To prevent early termination, we enforce that the rule-based policy cannot take more Done actions than Sub actions unless its Sub action’s budget is exhausted. When there is no constraint to take an action, the policy chooses a random action in the set of available actions. With this construction, our learned-RL policy can only outperform this policy by being able to determine contextually useful information to request, which is exactly the capability we wish to evaluate. We also construct a skyline where the intention policy is also learned by RL but with an execution policy that always fulfill subgoals perfectly.
In the problem we construct, different types of information are useful in different contexts (Table 5.1). Comparing the rule-based baselines reveals the benefits of making each type of request. Overall, we observe that information about the current state is only helpful on tasks in seen environments (UNSEENSTR and UNSEENOBJ). Information about the goal greatly improves performance of the agent in unseen environments (dense-$d^9$ outperforms no-assistance by 6.4% in UNSEENENV), but information about the current state does not. Dense-$d^9$ outperforms dense-$d^8$ in UNSEENOBJ but underperforms in UNSEENSTR, showing that goal information is more useful than current-state information in finding new objects but less useful in finding seen ones. The two types of information is complementary: dense-$d^9$-and-$d^8$ improves success rate versus dense-$d^9$ and dense-$d^8$ in most evaluation conditions.

We expect subgoal information to be valuable mostly in unseen environments. This is confirmed by the superior performance of our learned-RL policy, which can request subgoals, over the rule-based baselines, which do not have this capability, in those environments.
Our learned-RL policy learns the advantages of each type of information (Table 5.1 & Figure 6.1a). Aided by our learned-RL policy, the agent observes a substantial $\sim 2 \times$ increase in success rate on UnseenStr, $\sim 5 \times$ on UnseenObj, and $\sim 7 \times$ on UnseenEnv, compared to when performing tasks without assistance. This result indicates that the assistance-requesting skills are increasingly more helpful as the tasks become more unfamiliar. Figure 6.1a shows the request pattern of the policy in each evaluation condition. Our policy learns that it is not useful to make more than one Goal request. It relies increasingly on Cur and Sub requests in more difficult conditions (UnseenObj and UnseenEnv). The policy makes about $3.5 \times$ more Sub requests in UnseenEnv than in UnseenObj. Specifically, with the capability of requesting subgoals, the agent impressively doubles the success rate of the dense-$d^2$-and-$d^8$ policy in unseen environments, which always has access to dense descriptions in these environments. Moreover, our policy does not have to bother the human in every time step: only $1/4$ of its actions are requests for information.

Our learned-RL policy selects contextually useful requests (Table 5.1, bottom half & Figure 6.1b). The policy is significantly more effective than the rule-based baseline that uses the same number of average actions per episode ($+7.1\%$ on UnseenEnv). Note that we enforce rules so that this baseline only differs from our learned-RL policy in where they place the Cur and Sub requests. Thus, our policy has gained advantages by making these requests in more appropriate situations. To further showcase the importance of being able to obtain the right type of information, we use RL to train a policy with an uncooperative assistant, who disregards the agent’s request intention and instead replies to an intention randomly selected from \{Cur, Goal, Sub\}. As expected, performance of the agent drops in all evaluation conditions. This shows that our agent has effectively leveraged the cooperative assistant.

We also observe that the agent adapts its request strategy through the course of an episode. As observed in Figure 6.1b, the Goal action, if taken, is always taken only once and immediately in the first step. The number of Cur actions gradually decreases over time. The agent makes most Sub requests in the middle of an episode, after its has attempted but failed to accomplish the main goals. We observe similar patterns on the other two validation sets.

Finally, results obtained by the skyline shows that further improving performance of the execution policy on short-distance goals would effectively enhance the agent’s performance on long-distance goals.

Effects of Varying Action Cost (Figure 6.2). As mentioned, we assign the same cost to each Cur, Goal, Sub, or Do action. Figure 6.2a demonstrates the effects of changing this cost on the success rate of the agent. Setting the cost equal to 0.5 makes it too costly to take any action, inducing a policy that always calls DONE in the first step and thus fails on all tasks. Overall, the success rate of the agent rises as we reduce the action cost. The increase in success rate is most visible in UnseenEnv and least visible in UnseenStr. Figure 6.2b provides more insights. As the action cost decreases, we observe a growth in the number of Sub and Do actions taken by the intention policy. Meanwhile, the numbers of Cur and Goal actions are mostly static. Since requesting subgoals is more helpful in unseen environments than in seen environments, the increase in the number of Sub actions leads the more visible boost in success rate on UnseenEnv tasks.

Recursively Requesting Subgoals of Subgoals (Table 6.1). In Table 6.1, we test the functionality of our framework with a stack size 3, allowing the agent to request subgoals of subgoals.
Table 6.1: Success rates and numbers of actions taken with different stack sizes (on validation). Larger stack sizes significantly aid success rates in unseen environments, but not in seen environments.

<table>
<thead>
<tr>
<th>Stack size</th>
<th>Success rate (%) ↑</th>
<th>Average # of actions ↓</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Unseen Start</td>
<td>Unseen Obj.</td>
</tr>
<tr>
<td>1 (no subgoals)</td>
<td>92.2</td>
<td>78.4</td>
</tr>
<tr>
<td>2</td>
<td>86.9</td>
<td>77.6</td>
</tr>
<tr>
<td>3</td>
<td>83.2</td>
<td>78.6</td>
</tr>
</tbody>
</table>

As expected, success rate on UnseenEnv is boosted significantly (+11.9% compared to using a stack of size 2). Success rate on UnseenObj is largely unchanged; we find that the agent makes more SUB requests on those tasks (averagely 4.5 requests per episode compared to 1.0 request made when the stack size is 2), but doing so does not further enhance performance. The agent makes less CUR requests, possibly in order to offset the cost of making more SUB requests, as we keep the action cost the same in these experiments. Due to this behavior, success rate on UnseenStr declines with larger stack sizes, as information about the current state is more valuable for these tasks than subgoals. These results show that the critic model overestimates the V values in states where SUB actions are taken, leading to the agent learning to request subgoals more than needed. This suggests that the our critic model is not expressive enough to encode different stack configurations.

7 Related Work

Knowledge Transfer in Reinforcement Learning. Frameworks have been proposed to model knowledge transfer from an expert agent to a novice one (Da Silva and Costa, 2019). Torrey and Taylor (2013) introduce the action-advising framework where a learner strategically requests reference actions from a teacher. Da Silva et al. (2020) investigate uncertainty-based strategies for deciding when to request in this framework. In an agent-to-agent setting, (Da Silva et al., 2017; Zimmer et al., 2014; Omidshafiei et al., 2019) focus on learning a teaching policy in addition to an advice-requesting policy. An important assumption in these papers is that the teacher must share a common action space with the learner. Recent frameworks (Kim et al., 2019; Nguyen et al., 2019; Nguyen and Daumé III, 2019) relax this assumption by allowing the teacher to specify high-level subgoals instead of low-level actions. Our framework can be viewed as a strict extension of these frameworks. It allows the human to specify not only subgoals, but also additional information about the current and goal states. Importantly, the framework enables the agent to convey various specific intentions rather just calling for generic help. Another line of work employs standard RL communication protocol, where the human transfer knowledge through numerical scores or categorical feedback (Knox and Stone, 2009; Judah et al., 2010; Peng et al., 2016; Griffith et al., 2013). Maclin and Shavlik (1996) propose a framework where the human advises the agent using a domain-specific language, specifying rules that can be incorporated into the agent’s model. In contrast, our framework is agnostic to the implementation of the agent’s policy model. Sumers et al. (2020) extract features from various types of language feedback to construct an RL reward function. We instead focus on deployment-time communication and directly incorporate the feedback as input.
to the agent’s policy.

**Task-Oriented Dialog and Generating Natural Language Questions.** Our framework models a task-oriented dialog problem. Many variants of this problem requires the agent to compose specific questions (De Vries et al., 2017; Das et al., 2017; Thomason et al., 2020). The dominant approach in these problems is to mimic pre-collected human utterances. As discussed previously, naively mirroring human external behavior cannot enable agents to understand the limits of their knowledge. We teach the agent to understand its intrinsic needs through interaction with the human and the environment rather than through imitation of human behaviors. Another related line of work concerns generating natural language explanations of model decisions (Camburu et al., 2018; Hendricks et al., 2016; Rajani et al., 2019).

8 Conclusion

While we demonstrate this framework on a simplified navigation problem, our framework can theoretically capture richer types of human-agent communication. Hence, an important empirical question is how well our formulation generalizes to richer environments with more complex interactions and state spaces (Shridhar et al., 2020). Enhancing the sample efficiency of the learning policy by exploiting the hierarchical policy structure is an exciting future direction. Finally, towards generating more specific, human-like questions, methods for generating faithful explanations, (Kumar and Talukdar, 2020; Madsen et al., 2021), measuring feature importance (Zeiler and Fergus, 2014; Koh and Liang, 2017; Das and Rad, 2020), or learning the casual structure of black-box policies (Geiger et al., 2021) are relevant to investigate.

References


A Training Procedure

Cost function. The cost function in our framework is given as follows

\[
\bar{c}(s_t, G_t, \bar{a}_t) = \begin{cases} 
  c(s_t, a_{t}^{do}) & \text{if } \bar{a}_t = \text{Do} \\
  \gamma \bar{a}_t & \text{if } \bar{a}_t \in \{\text{Cur}, \text{Goal}, \text{Sub}\}, \\
  c(s_t, a_{t done}) & \text{if } \bar{a}_t = \text{Done}, |G_t| = 1 \\
  0 & \text{if } \bar{a}_t = \text{Done}, |G_t| > 1,
\end{cases}
\]  

(A.1)

Training Algorithms. We pre-train the operation policy \(\hat{\pi}\) with DAgger (Ross et al., 2011), minimizing the cross entropy between its action distribution with that of a shortest-path oracle (which is a one-hot distribution with all probability concentrated on the optimal action).

We use advantage actor-critic (Mnih et al., 2016) to train the interaction policy \(\psi_\theta\). This method simultaneously estimates an actor policy \(\psi_\theta : \bar{B} \to \Delta(\bar{A})\) and a critic function \(V_\phi : \bar{B} \to \mathbb{R}\). Given an execution \(\tau = (\bar{s}_1, \bar{a}_1, \bar{c}_1, \ldots, \bar{s}_H)\), the gradients with respect to the actor and critic are

\[
\nabla_\theta L_{\text{actor}} = \sum_{t=1}^{H} \left( V_\phi(\bar{b}_v^t) - C_t \right) \nabla_\theta \log \psi_\theta(\bar{a}_t | \bar{b}_a^t) \\
\nabla_\phi L_{\text{critic}} = \sum_{t=1}^{H} \left( V_\phi(\bar{b}_v^t) - C_t \right) \nabla_\phi V_\phi(\bar{b}_v^t)
\]

(A.2)

(A.3)

where \(C_t = \sum_{j=1}^{H} c_j\), \(\bar{b}_v^t\) is a belief state that summarizes the partial execution \(\bar{\tau}_{1:t}\) for the actor, and \(\bar{b}_a^t\) is a belief state for the critic.

Cost function. The cost function introduced in §4.4 is not effective for learning the interaction policy because the task error is given only at the end of an episode. We extend the reward-shaping method proposed by Ng et al. (1999) to goal-conditioned policies, augmenting the original cost function with a shaping function \(\Phi(s, g)\) with \(s, g \in \mathcal{S}\). We set \(\Phi(s, g)\) to be the (unweighted) shortest-path distance from \(s\) to \(g\). The cost received by the agent at time step \(t\) is \(\tilde{c}_t \triangleq \bar{c}_t + \Phi(s_{t+1}, g_{t+1}) - \Phi(s_t, g_t)\). We assume that the agent transitions to a special terminal state \(s_{\text{term}} \in \mathcal{S}\) and remains there after it terminates execution of the main goal. We set \(\Phi(s_{\text{term}}, \text{None}) = 0\), where \(g_t = \text{None}\) signals that the episode has ended. Hence, the cumulative cost of an execution under the new cost function is

\[
\sum_{t=1}^{H} \tilde{c}_t = \sum_{t=1}^{H} \bar{c}_t + \Phi(s_{t+1}, g_{t+1}) - \Phi(s_t, g_t) = \sum_{t=1}^{H} \bar{c}_t - \Phi(s_1, g_1)
\]

(A.4)

Since \(\Phi(s_1, g_1)\) does not depend on the action taken in \(s_1\), minimizing the new cumulative cost does not change the optimal policy for the task \((s_1, g_1)\).

Model Architecture. We adapt the V&L BERT architecture (Hong et al., 2020) for modeling the operation policy \(\hat{\pi}\). Our model has two components: an encoder and a decoder; both are implemented as Transformer models (Vaswani et al., 2017). The encoder takes as input a description \(d^s_t\) or \(d^g_t\) and generates a sequence of hidden vectors. In every step, the decoder takes as input the
Table A.1: Dataset statistics.

<table>
<thead>
<tr>
<th>Split</th>
<th>Number of examples</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-training</td>
<td>82,104</td>
</tr>
<tr>
<td>Pre-training validation</td>
<td>3,000</td>
</tr>
<tr>
<td>Training</td>
<td>65,133</td>
</tr>
<tr>
<td>Validation UnseenStr</td>
<td>1,901</td>
</tr>
<tr>
<td>Validation UnseenObj</td>
<td>1,912</td>
</tr>
<tr>
<td>Validation UnseenEnv</td>
<td>1,967</td>
</tr>
<tr>
<td>Test UnseenStr</td>
<td>1,653</td>
</tr>
<tr>
<td>Test UnseenObj</td>
<td>1,913</td>
</tr>
<tr>
<td>Test UnseenEnv</td>
<td>1,777</td>
</tr>
</tbody>
</table>

previous hidden vector $b_{t-1}^s$, the sequence of vectors representing $d_t^s$, and the sequence of vectors representing $d_t^p$. It then performs self-attention on these vectors to compute the current hidden vector $b_t^s$ and a probability distribution over navigation actions $p_t$.

The interaction policy $\psi_{\theta}$ (the actor) is an LSTM-based recurrent neural network. The input of this model is the operation policy’s model outputs, $b_t^s$ and $p_t$, and the embedding of the previously taken action $a_{t-1}$. The critic model also has a similar architecture but outputs a real number (the $V$ value) rather than an action distribution. When training the interaction policy, we always fix the parameters of the operation policy. We find it necessary to pre-train the critic before training it jointly with the actor.

**Representation of State Descriptions.** The representation of each object, room, or action is computed as follows. Let $f_{\text{name}}$, $f_{\text{horz}}$, $f_{\text{vert}}$, $f_{\text{dist}}$, and $f_{\text{type}}$ are the features of an object $f$, consisting of its name, horizontal angle, vertical angle, distance, and type (a type is either Object, Room, or Action; in this case, the type is Object). For simplicity, we discretize real-valued features, resulting in 12 horizontal angles (corresponding to $\pi/6 \cdot k$, $0 \leq k < 12$), 3 vertical angles (corresponding to $\pi/6 \cdot k$, $-1 \leq k \leq 1$), and 5 distance values (we round down a real-valued distance to the nearest integer). We then lookup the embedding of each feature from an embedding table and sum all the embeddings into a single vector that represents the corresponding object. For a room, $f_{\text{horz}}$, $f_{\text{vert}}$, $f_{\text{dist}}$ are zeroes. For an action, $f_{\text{name}}$ is either $\text{ActionStop}$ for the stop action $a_{\text{done}}$ or $\text{ActionGo}$ otherwise.

During pre-training, we randomly drop features in $d_t^s$ and $d_t^p$ so that the operation policy is familiar with making decisions under sparse information. Concretely, we refer to all features of an object, room or action as a feature set. For $d_t^s$, let $M$ be the number objects in a description. We uniformly randomly keep $m$ feature sets among the $M + 1$ feature sets of $d_t^s$ (the plus one is the room’s feature set), where $m \sim \text{Uniform}(\min(5, M + 1), M + 1)$.

For $d_t^p$, we have two cases. If $g_1$ is not adjacent or equals to $s_1$, we uniformly randomly alternate between giving a dense and a sparse description. In this case, the sparse description contains the features of the target object and the goal room’s name. Otherwise, with a probability of $\frac{1}{3}$, we give either (a) a dense description (b) a (sparse) description that contains the target object’s features and the goal room’s name, or (c) a (sparse) description that describes the next ground-truth action.

We pre-train the operation policy on various path lengths (ranging from 1 to 10 graph nodes) so that it learns to accomplish both long-distance main goals and short-distance subgoals.
Table A.2: Hyperparameters.

<table>
<thead>
<tr>
<th>Hyperparameter Name</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Environment</td>
<td></td>
</tr>
<tr>
<td>Max. subgoal distance ($l_{\text{max}}$)</td>
<td>3 nodes</td>
</tr>
<tr>
<td>Max. stack size ($L$)</td>
<td>2</td>
</tr>
<tr>
<td>Max. object distance for $d^t_i$</td>
<td>5 meters</td>
</tr>
<tr>
<td>Max. object distance for $d^g_i$</td>
<td>3 meters</td>
</tr>
<tr>
<td>Max. number of objects ($M_{\text{max}}$)</td>
<td>20</td>
</tr>
<tr>
<td>Cost of taking each CUR, GOAL, SUB, Do action</td>
<td>0.01</td>
</tr>
<tr>
<td>Operation policy $\hat{\pi}$</td>
<td></td>
</tr>
<tr>
<td>Hidden size</td>
<td>256</td>
</tr>
<tr>
<td>Number of hidden layers</td>
<td>2</td>
</tr>
<tr>
<td>Attention dropout probability</td>
<td>0.1</td>
</tr>
<tr>
<td>Hidden dropout probability</td>
<td>0.1</td>
</tr>
<tr>
<td>Number of attention heads</td>
<td>8</td>
</tr>
<tr>
<td>Optimizer</td>
<td>Adam</td>
</tr>
<tr>
<td>Learning rate</td>
<td>$10^{-4}$</td>
</tr>
<tr>
<td>Batch size</td>
<td>32</td>
</tr>
<tr>
<td>Number of training iterations</td>
<td>$10^5$</td>
</tr>
<tr>
<td>Max. number of time steps ($H$)</td>
<td>15</td>
</tr>
<tr>
<td>Interaction policy $\psi_\theta$</td>
<td></td>
</tr>
<tr>
<td>Hidden size</td>
<td>512</td>
</tr>
<tr>
<td>Number of hidden layers</td>
<td>1</td>
</tr>
<tr>
<td>Entropy regularization weight</td>
<td>0.001</td>
</tr>
<tr>
<td>Optimizer</td>
<td>Adam</td>
</tr>
<tr>
<td>Learning rate</td>
<td>$10^{-5}$</td>
</tr>
<tr>
<td>Batch size</td>
<td>32</td>
</tr>
<tr>
<td>Number of critic pre-training iterations</td>
<td>$5 \times 10^3$</td>
</tr>
<tr>
<td>Number of training iterations</td>
<td>$5 \times 10^3$</td>
</tr>
<tr>
<td>Max. number of time steps ($H$)</td>
<td>30</td>
</tr>
<tr>
<td>Max. number of time steps for executing a subgoal</td>
<td>$3 \times$ shortest distance to the subgoal</td>
</tr>
</tbody>
</table>

Data. Table A.1 summarizes the data splits. From a total of 72 environments provided by the Matterport3D dataset, we use 36 environments for pre-training, 18 as unseen environments for training, 7 for validation UNSEENENV, and 11 for test UNSEENENV. We use a vocabulary of size 1738, which includes object and room names, and special tokens representing the distance and direction values. The length of a navigation path ranges from 5 to 10 graph nodes.

Hyperparameters. See Table A.2.